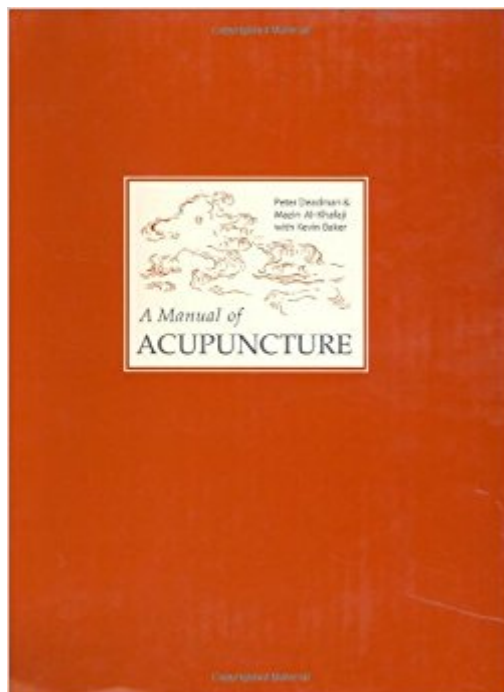


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# A Manual Of Acupuncture



## Synopsis

Once in a great while an extraordinary book is published that sets an entirely new standard in its field. *A Manual of Acupuncture*, published by Journal of Chinese Medicine Publications, is just such a book. Painstakingly researched over many years by Peter Deadman, editor-in-chief of *The Journal of Chinese Medicine*, and colleagues Mazin Al-Khafaji and Kevin Baker, this book has become the primary reference in the West for the study of acupuncture points and channels. With the subtle use of color to illustrate the acupuncture points and anatomical features, the new second edition of *A Manual of Acupuncture* is even more attractive and user-friendly than the first. Introductory chapters describe and illustrate the channels and collaterals, the various categories of points, and methods of selection, location, and needling. Ensuing chapters present each of the points of the 14 channels as well as the extra (miscellaneous) points, identified by their English and pinyin names, and Chinese characters. Each point is located in accordance with the most exacting anatomical standards to be found in any Western textbook. For each point there is a dedicated drawing, followed by regional body drawings. The quality of the 500 drawings is far superior to those in any other TCM text. There are also practical pointers for finding and needling the points, and cautionary information about what to avoid. In addition to point indexes by their English and pinyin names, there is an index identifying every part of the body reached by each of the channels, and separate indexes of point indications listed according to both TCM and biomedical symptoms.

## Book Information

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## Customer Reviews

"In A Manual of Acupuncture, Deadman and crew have created one of the treasures in the world of acupuncture. . . It is somewhat reminiscent of the Physician's Desk Reference. . . This book is exhaustive, but every page just screams quality. . . [It] rates a '10' only because I can't give it a higher rating. 10+++++." --Acupuncture Today  
"The definitive, most authoritative book on points in English: scholarly, complete, and detailed." --Giovanni Maciocia

Peter Deadman studied acupuncture and Chinese herbal medicine in England and China, and for the past 20 years has been in private practice in Brighton, England. In 1979 he founded The Journal of Chinese Medicine which he edits, writes for, and publishes. He has also been a teacher of acupuncture and Chinese medicine, and has lectured widely throughout the United Kingdom, Europe, Israel, Australia, and the United States. Mazin Al-Khafaji studied acupuncture in England and China, followed by intensive studies in modern and medical Chinese in Taiwan. In 1987 he graduated as a Doctor of Chinese Medicine from the Shanghai College of Traditional Chinese Medicine, and has since been in private practice in Brighton where he specializes in dermatology. Dr. Al-Khafaji is also a frequent lecturer in Chinese medicine in the United Kingdom and Europe. Kevin Baker qualified in Medicine at Cambridge University and St. George's Hospital Medical School in 1979, subsequently specializing in Accident and Emergency Medicine and Surgery. He became a member of the Royal College of Physicians in London in 1983, and a Fellow of the Royal College of Surgeons in Edinburgh in 1986. Thereafter, he pursued studies in acupuncture in England and China, which he currently practices in addition to psychotherapy and general medicine.

A very well conceived, comprehensive and organized text of acupuncture, for the whole journey from beginning to advanced practice. It provides a very rich and in depth summary of information about each point, both in terms of modern usage and plus selected highlights from the classical chinese texts. There is more specific detail on each point in this manual than I have found in any other source, including for the extra points. It is a delightful resource to just read. The language is clear, straightforward and does not bog down in overly heavy detail either. It is well enough organized to assist in problem solving for particular conditions. But, I recommend searching a little further and considering an even richer treasure -- the DVD multimedia version of this same Manual. It contains everything in the printed text plus some additional enhancements. On the DVD, it is generally easier to appreciate the organization of points by their meridians, their inter-relationships and to follow well-designed sections detailing out the anatomy of critical landmarks such as the spinous processes, ribs, and other bony landmarks. Both the text and DVD contain thorough

coverage on precautions to take when needling near organs. Both have extensive charts, historical information and cross-referencing by indications. The interactive study tools in the DVD version and the ability to construct your own practice tests, as well as the ease of computer-added search make the digital version my favorite over the printed text. One Caveat: It is important to know that the DVD employs frustrating DRM limitations which require that the user keep the DVD in their disk drive anytime they want to use the program. I find this intermittently slows down acquisition of a link and occasionally necessitates rebooting the entire computer due to some odd hangup. Printed texts fortunately bypass these irritations.

Great book, they put so much detail on every chapter, it really is a treasure of Acupuncture. If you need a book to rely on this is it. Plus great quality of the pages, they really did a great work with this book. No cons as far as it goes. Don't let this treasure be without reading and studying it, put it in your golden books list!

One of the goto books for acupoint information in English. But one should really only be using it as a text book and reference book as a trained professional. Chinese medicine is too complicated to think that one can be self-taught. That can be very dangerous as it takes in person instruction to learn the subtleties of diagnosis.

Complete book!!!

This book is jammed pack with the necessary information for students. Very good source. Highly recommend.

When i first had to go through this as a beginning student, i was seriously intimidated by the sheer size of this book, and content matched the overwhelming nature of the physical volume! The diagrams are incredible, though, and once you start needling, you will appreciate the detail here! The first few chapters about point categories are worth rereading repeatedly over time. The commentary was way over my head until about a year into my program - and now it is really a pleasure to read. After all the qi gong, tai ji, and running around through school, the book will feel lighter, too. Don't worry, and good luck!

The most comprehensive manual for non doctors. This was recommended to me by one of the best

doctors around.

Lightening fast delivery. The manual is as expected and described. Quality of the paper is excellent. I am satisfied with the product. Thank you!

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